



# Winter & Spring 2023

## Literacy Learning

### Refer a friend to a class!!

#### English Language Learning OR Literacy Tutoring



- One-on-one learning with a volunteer tutor
- Program built to match the learners goals.
- Focus on the skills of speaking, listening (understanding), reading & writing in English

- Access to proven online sight reading program
- Build confidence in math & numeracy



### Clarity through Journaling & Meditation

Get ready to journal and meditate your way to mental clarity! Join us for 4 weekly classes and learn how journaling can help to empty our minds of negative thoughts that repeat in our head. Each participant will receive a journal or notebook.

May 9, 16, 23 & 30, 6:00-8:00pm at Castor Adult Learning

- Learn different styles of journaling.
- Give our brains a rest by getting our thoughts on paper.
- Set a roadmap of where you want your life to take you.

Only \$20 for  
all 4 classes!

We will end each class with a restorative meditation to reset and align our thinking. Please bring a yoga mat, pillow and/or blanket.

## Employment Services

### Back to Work Bootcamp

Resume writing,  
interview skills, and  
much much more!  
Sign up today!

February 7-9, 2023

May 16-18, 2023

Castor & Coronation



[brinnovationcentre.ca](http://brinnovationcentre.ca)

Providing business supports  
and services for the  
Battle River area

Locations in Castor & Forestburg



### Job Board

Call us or stop in to look for jobs  
in our area on our job board.

### Application Services

We can help you get your resume perfected for todays  
job market, and can help you improve your interview skills.  
Be prepared, and get the job you want!

## Learner Support Services

**Campus  
Alberta  
Central**

For more information,  
please contact:  
**Paintearth Community  
Adult Learning Council**  
403-578-3817  
[paintearthlearning.ca](http://paintearthlearning.ca)

### GET YOUR POST-SECONDARY EDUCATION IN YOUR OWN COMMUNITY!

[campusalbertacentral.com](http://campusalbertacentral.com)

#### RED DEER POLYTECHNIC PROGRAMS

##### Online Delivery with Local Support

- Administrative Professional Certificate
- Business Certificate
- Business Administration Diploma
- Human Resources Management Graduate Certificate
- Early Learning & Child Care Certificate
- Early Learning & Child Care Diploma
- Educational Assistant Certificate
- Pre-Health Sciences Certificate
- University Transfer Courses

##### Extended Education Online Programs

- Certificate in Cybersecurity
- Certificate in Digital Marketing
- Certificate in Leadership for Women in Business
- Medical Office Assistant Certificate
- Unit Clerk and Dental Office Specialty Certifications (with successful completion of the Medical Office Assistant program)
- Accounting Technician Certificate
- Activity Coordinator Certificate (Alberta Seniors & Community Housing Association)
- Site Manager Certificate (Alberta Seniors & Community Housing Association)
- Management Skills for Supervisors Certificate
- Management Skills for Commercial Kitchens Certificate

#### OLDS COLLEGE PROGRAMS

##### Online Delivery with Local Support

- Veterinary Medical Receptionist
- Agribusiness Finance
- Beef Production Certificate
- Cannabis Production Program
- Introduction to Brewing Certificate
- Pre-Apprenticeship Exam Training

#### COMMUNITY PROGRAMS

Check the website for start dates and locations

- Practical Nurse Diploma
- Health Care Aide Certificate

IN PARTNERSHIP



### Money Matters - FREE

Financial self paced workbooks and conversation



Money Matters Core offers 4 workbooks to help you with your finances. Learn about:  
**Spending plans**      **Credit & borrowing**  
**Banking basics**      **Saving plans.**

One-on-one by appointment or online with Zoom video meetings.  
Complete all 4 workbooks and get a certificate and gift card.

### On-line learning "Comfortable, Affordable, Convenient"

On-line courses with between 16—72 hours of learning time.

- ♦ Examples of courses available from [www.ed2go.com/paintearth](http://www.ed2go.com/paintearth) include:

- ♦ Graphic Design
- ♦ Digital Photography
- ♦ Healthy Aging



"There's a topic for every learner"

### College & University Exam Invigilation Site

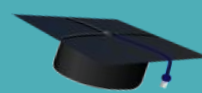
- ♦ Are you taking an on-line class from a College or University?
- ♦ Paintearth Adult Learning is an authorized exam site
- ♦ Invigilation fee of \$20 per exam
- ♦ Get your 3rd and 6th exam FREE in 2023



### GED Prep with Norquest College

- ♦ 2 online options
- ♦ **Online anytime** - watch video instruction, access to tutor
- ♦ Must be 18+ years old and live in the province of Alberta

- ♦ **Online with instructor** - live video, access to tutor
- ♦ Jan. 17 - Apr. 12, 2023
- ♦ Tuesdays & Thursdays 6:00 pm—9:30 pm
- ♦ Workspace and wifi available in our offices





# Courses & Programs

**Make a Walking Stick** \$20  
Saturday, February 4 9:00am-4:00pm  
& Sunday February 5 9:00am-1:00pm  
Deadline: Jan. 26 Castor Golden Circle  
Have you ever wanted to learn woodworking skills? Get started by making your own willow walking stick. You can bring your own piece of willow, or you can chose one that will be provided. All other tools will be provided. You will have the opportunity to continue making more projects with the Castor Woodcarvers after your walking stick is complete. Please bring a lunch both days.

**Face Painting** \$150  
Monday, February 6 6:00pm-9:00pm  
Deadline: Jan. 30 Paintearth Learning - Castor  
Build your own side hustle or small business by becoming a face painter! Doreen will teach you the basic skills and techniques you will need to a start face painting right away. You will receive a starter kit of 8 paints, brushes & sponge, and even some business pointers.

**First Aid Re-certification** \$140  
Monday, February 13 9:00am - 4:00pm  
Deadline: Feb. 6 Paintearth Learning - Castor OR  
Monday, May 8 9:00am - 4:00pm  
Deadline: May 1 Paintearth Learning - Coronation  
If your First Aid is about to expire, this one day re-certification class will renew your certificate for another 3 years. Dress comfortably for participation and please bring a lunch.

**Standard First Aid** \$195  
Monday, February 13 9:00am - 4:00pm  
Deadline: Feb. 6 Paintearth Learning - Castor OR  
Monday, May 8 9:00am - 4:00pm  
Deadline: May 1 Paintearth Learning - Coronation  
This class covers all the topics included in the emergency class plus head & spine injuries, fractures, poison and CPR for adults, children & infants. A portion of the course to be done online after registration. Dress comfortably and bring a lunch.

**Book Giveaway!**  
Did you know, we give away hundreds of children's books each year? Start your child's library and give them the gift of literacy.  
Our **Bookstart** program for newborns is available during baby's first AHS check-up.  
At Christmas time, find our books at **FCSS, Elks and Community** events.  
Join our **Magic Carpet Ride** group and receive books a few times a year!



**Mother's Day Walk, Run or Ride**  
May 14, 2023 at 10:00am  
Gather the family and enjoy a Sunday together with some fun competition!  
3 km or 5 km  
\$25.00/Adult  
\$10.00/Child  
Start and Finish line in front of Quality Fitness Studio



**Tech Talk Tuesdays** FREE  
Tuesdays Jan. - May 1:00pm  
Register anytime Paintearth Learning - Coronation  
Do you need guidance with your computer, tablet, or smartphone? We can help to get you acquainted with the internet, emailing, document use, and much more! Sponsored by the Government of Alberta.

**H<sub>2</sub>S Alive** \$300  
Thursday, March 13 8:30am-4:00pm  
Deadline: Mar. 6 Paintearth Learning - Coronation  
Learn about the physical properties, health hazards and protection required when working in and around H<sub>2</sub>S. Please bring a lunch, and photo ID.

**Confined Space** \$240  
Wednesday, March 22 8:30am - 4:30pm  
Deadline: Mar. 15 Paintearth Learning - Castor  
Confined Space Entry & Exit and Fall Protection combined course. Work safely in and around enclosed spaces and heights. All equipment provided. Please bring a lunch.

**Learn to make Cheese** \$115  
Saturday, March 25 1:00-5:00pm  
Deadline: Mar. 16 Gus Wetter School - Castor  
Learn to make cheese! Learn hands on how to make cheese. During our class, we will cover a few different types of cheese, theory and methods! You will receive all supplies needed, a take home cheese making kit, and a taste of the cheeses made that day.

**Where Did All My Money Go?** FREE  
Mon. April 3, 10, 17 & 24 6:30-7:30 pm  
Deadline: Mar. 27 Paintearth Learning - Coronation  
Basic money managing for adults wanting to learn how to make more, save more and enjoy more. We will discuss budgeting, smart shopping, paying down loans, and credit.

**Spring Planters** \$10  
Wednesday, April 12 6:00-8:00pm  
Thursday, April 13 6:00-8:00pm  
Deadline: Apr. 5  
Joanne will provide horticulture tips and guide you through the process of creating your own spring planter in one of two sessions. The cost for the first container is \$36. Each additional container is \$30, to be paid at the course. Cost includes plant material, 5 gallons of mixed soil and will be kept at the greenhouse until May 30. May bring your own clean container or purchase from the assortment available at the greenhouse.  
**Howe's Greenhouse** 14 km West of Castor on Hwy 12 & 4 km N on RR 153. Sign on the right.



**UP Skills for Work (Employability Skills)** FREE  
Ongoing by Appointment  
Strengthen your soft skills to become more adaptable and motivated at work. Participate in the 6 week program available to address the topics of **Motivation, Attitude, Accountability, Teamwork, Time Management, Presentation, Adaptability, Stress Management, and Confidence.** Sponsored by the Government of Alberta.

**Speak with Confidence** Try for Free  
1st & 3rd Thursday 7:30 pm—9:00 pm  
Paintearth Learning Offices  
Practice prepared and off the cuff speaking a couple of times per month with Toastmasters. Visiting a club is an exciting first step in reaching your goals. There is no pressure to participate at your first meeting.



**What I Wish I Knew....** \$10/session  
Are you a young adult, or are you new to Canada? We want to help answer some questions you have about the things that you have to do as an adult. Topics will include basic information, and handouts to keep. Each evening will include a meal, and free childcare.  
**Exercise & Nutrition - Jan. 12** Castor  
**Preparing your Taxes - Jan. 26** Coronation  
**Applying for a Loan - Feb. 16** Castor  
**Government Supports - Mar. 9** Coronation  
**Purchasing Insurance - Mar. 23** Castor  
**Emergency Preparedness - Apr. 20** Coronation  
**Mental Health Talk - May 18** Castor  
**Public Speaking - June 15** Coronation



## Volunteer with Us...



Would you like to experience the joy of helping someone learn?

- ◆ Do you like sharing the gift of learning?
  - ◆ Do you want to feel the pride of helping a learner grow through conversation?
- Call us today for orientation information and to pair up with a learner!

## Funding...

Paintearth Community Adult Learning Council programs, services, projects and events are made possible with funding from:

- ◆ Alberta Skilled Trades & Professions, Government of Alberta
- ◆ Local community businesses and organizations



## Our Thanks...

- ◆ Course and program instructors, leaders, facilitators and volunteer tutors.
- ◆ Coronation Hospital and Care Centre, Battle River Innovation Center, Coronation School, Gus Wetter School, Castor Library, Halkirk Seniors Centre and Brownfield School for the use of their facilities and marketing support.
- ◆ County of Paintearth for their help and support.
- ◆ Towns of Castor and Coronation, Halkirk Elks for financial and in-kind gifts that allow us to support learning.

## For the Family

### Magic Carpet Ride

Great weekly program for caregivers and children ages 0 – 6. Learn together as a family with singing, reading, craft, play and snacks in each two hour session. Please pre-register for the program that begins the week of January 9<sup>th</sup> and ends on May 10<sup>th</sup>. Registration can be done online at [www.paintearthlearning.ca](http://www.paintearthlearning.ca), \$10/family registration fee for the Fall session. Join our Magic Carpet Ride Facebook groups!

- ◆ Mondays 10:00 - Noon Brownfield School
- ◆ Wednesdays 10:00 - Noon Coronation Adult Learning
- ◆ Wednesdays 10:00 - Noon Halkirk Seniors Centre



### Building Blocks Family Program

Do you feel overwhelmed with the demands of parenting? Gain tools to help you fulfill your role as your child's first and most important teacher.

- ◆ Trained "Builders" are available to visit your family home
- ◆ "Builders" model tools and strategies for language and literacy that a parent can use everyday
- ◆ Builds on what parents already know about helping their child to learn



## Contact Us



**To Register:** Include your name, phone number, address, the course name and price of the course(s) with a cheque made payable to Paintearth Community Adult Learning Council or PCALC.

**Drop off:** **Coronation Office**—5002 Royal St. Mon., Tues. & Thurs. 10:00 am—3:00 pm **Castor Office**—4905 50 Ave. Mon. & Wed. 10:00 am—3:00 pm

**Mail to:** Box 808 Coronation, AB T0C 1C0

You are not fully registered until we receive your payment.

**Online:** [www.paintearthlearning.ca](http://www.paintearthlearning.ca)

Payment is not accepted at the course.



[www.paintearthlearning.ca](http://www.paintearthlearning.ca)  
Email: [info@paintearthlearning.ca](mailto:info@paintearthlearning.ca)



Tel: 403-578-3817  
Toll-free: 1-888-578-3817

